

ANKLE BUOY | HYDRODYNAMIC ANKLE PULL BUOY

#1.05.094

Designed to correct body position and improve hip rotation. Can also be used as a kickboard.

TECHNICAL / KICKBOARDS & BUOYS



1 **ERGONOMIC KEYHOLES**
Comfortably fit around ankles,
locking legs in position

2 **STREAMLINED CONTOURS**
Streamlined design allows water
to easily flow over the buoy

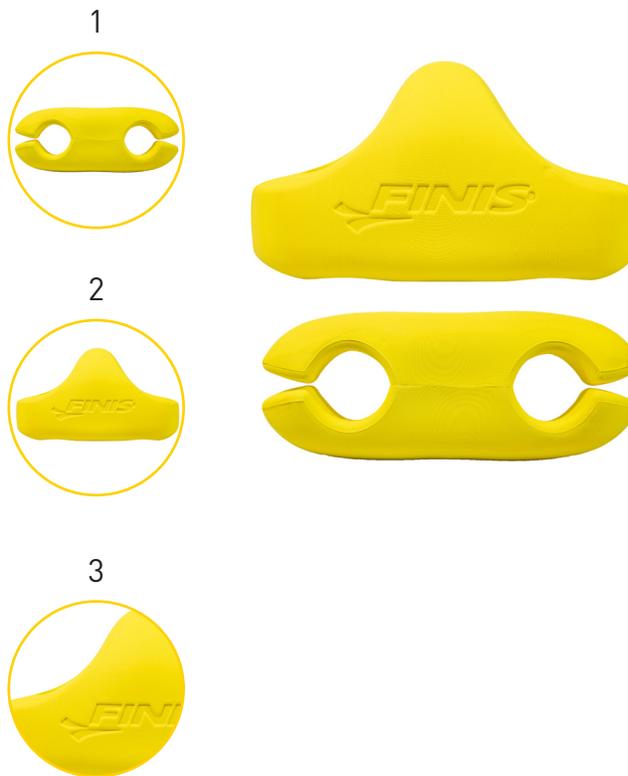
3 **LIGHTWEIGHT EVA FOAM**
Does not chafe or irritate
skin, slightly textured for
a more secure grip

PROMOTES PROPER SWIMMING TECHNIQUE

Improves hip rotation
and elevates body position
by lifting the legs

BUILDS STRENGTH

Immobilizes legs, shifting
focus to build core and
upper body strength



PRODUCT DESCRIPTION

The unique design of the Ankle Buoy improves body position while building upper body strength and engaging the core muscles. With ergonomic keyholes and a contoured, hydrodynamic design, the Ankle Buoy fits comfortably around the ankles and promotes elevated body position and hip rotation. The lightweight EVA foam is lightly textured for a more secure grip. The Ankle Buoy can also easily be held in front of the body to function as a kickboard.



DESIGNED IN CALIFORNIA

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